

AYC SUMMER CAMP MENU

Day Camp Tracy • Summer Enrichment Program • Early Childcare Summer Camp

BREAKFAST MENU

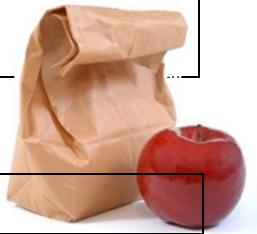
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Mandarin oranges Yogurt Milk & juice	Bagels & cream cheese Diced pears Boiled eggs Milk & juice	Waffle sticks Cheese sticks Apples Milk & juice	Cereal Yogurt Peaches Milk & juice	Whole grain cinnamon rolls Yogurt Grapes Milk & juice

LUNCH MENU - WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bologna & cheese sandwiches Celery sticks Apples Sun chips Milk	Chicken salad wraps Carrot sticks Grapes Chex Mix Milk	Turkey & cheese sub Celery sticks Fruit cups Cocoa cherry bar Milk	Wow Butter & Jelly Sandwich Carrot sticks Clementines Cheese sticks Cheez-Its Milk	Ham & cheese sandwich Celery sticks Applesauce Baked Lays Cookie Milk

LUNCH MENU - WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bologna & cheese sandwich Apples Carrot sticks Cheddar Chex Mix Milk	Grilled chicken wraps Celery sticks Fruit cups Baked Lays Milk	Tuna sandwich Carrot sticks Grapes Sun Chips Milk	Wow Butter & Fluff sub Celery sticks Applesauce Cheese stick Chex Mix Milk	Turkey & cheese wraps Carrot sticks Clementines Baked Lays Honey Bun Goldfish Milk



The AYC provides breakfast, lunch and snacks for all camps and is included in the cost of camp.

The Week 1 Menu will begin on Monday, June 25 and the Week 2 Menu will begin on Monday, July 2. These menus will alternate throughout our summer day camp programs. **Menus are subject to change.** A 8 oz white 1% Milk served at each meal and water always available.

Children are welcome to pack their own lunch, however, **nut products of any kind are not allowed at any of our camps or facilities.** Please keep in mind we are unable to refrigerate or microwave items.

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